

## Preventing Child Sexual Abuse Starts at Home

- ⇒ Child molesters are often trusted family members or friends.
- ⇒ Reduce alone time with adults and older children or drop-in unexpectedly.
- ⇒ Talk casually, frequently and openly with your children about their bodies, sex and boundaries. (Age 8 is time to talk about sex.)
- ⇒ Remind your child that seeing, touching or photographing anyone's private parts is not allowed. "It's against the rules."
- ⇒ Watch for sudden changes: drugs, alcohol, rebellion, withdrawal or depression.
- ⇒ Believe your child if they tell you someone is breaking "the rules". STAY CALM. Ask open-ended questions, "What happened next?" Call **1-800-4-A-CHILD** for advice.
- ⇒ Watch for adults isolating a child or giving excessive attention or gifts. Step-in with clear limits.



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**Child Sexual Abuse HotLine  
1-800-4-A-CHILD**

**HelpforSurvivors.org**

*Books, music, articles for reclaiming your life, legal help, support groups and other resources recommended by survivors for*

**Survivors Speak**

**Art, Music, Poetry & Photography**

*CSA Survivors: Submit your original creative work for publication by The Fiona Project*

**CSA Prevention Toolkit**

*Stewards of Children from Darkness to Light*

*Online: [D2L.org](http://D2L.org) App: [socapp.org](http://socapp.org)*



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